

# Crisped Chicken Cutlets, Mashed Potatoes & Brown Butter Sage Cream Sauce

_		1
,	Meal Includes:	Choice of one Vegetable Side:
	☐ 4 Chicken Cutlets	☐ Green Salad
	☐ Mashed Potatoes	<ul><li>Vinaigrette Salad Dressing</li></ul>
	☐ Brown Butter Sage Cream Sauce	☐ Roasted Broccolini
	☐ 4 Cubes of Focaccia	☐ Kale Apple Slaw
	☐ 8 Petite Chocolate Chip Cookies	Allergy: Wheat, Dairy, Egg

- Hands-on Time: approx. 5-10 minutes
- Total time: approx. 35 minutes
- Recommended method of cooking: Both stove top and oven

## Getting ready (approx. 50 minutes before you want to eat):

- Preheat oven to 350 degrees.
- Take food from refrigerator and bring to room temperature for quicker heat time.
- Remove any plastic wrap from containers and discard.

## Warming the Meal

- 1. Chicken-warm in the oven: Uncover chicken. Place in oven and bake for 10 minutes. Turn over and bake an additional 5-10 minutes. For crispier exterior, turn oven to "broil" and place chicken on lower rack. Watch chicken until it reaches desired color/crispness.
- 2. Brown Butter Sage Cream Sauce-on the stove top: Spoon Brown Butter Sage Cream Sauce to medium saucepan with 1/2 to 1 cup of water (depending on desired consistency). Cook uncovered on medium-low heat or 5-10 minutes, stirring every 2 minutes until warmed through and bubbly.
- **3.** Mashed Potatoes-on the stove top: Transfer mashed potatoes to a medium sauce pan. Add 2-3 tbsp of milk or water. Heat on medium-low, stirring every 3 minutes until heated through. Mashed potatoes can also be warmed in the oven but this method requires an additional 15 minutes to estimated prep time for the meal).
- **4. Broccolini (if ordered)-warm on stove top:** Place broccolini to medium saucepan with 1/4 cup water. Cover with lid and cook on medium heat, stirring every 2 minutes until warmed through and tender.

### **Extras**

- Warm Bread? Wrap focaccia in aluminum foil. Warm in preheated oven for 5-10 minutes. (Can also be warmed in microwave for 15-30 seconds without foil).
- Freshly-baked cookies? Spray cookie sheet with nonstick spray. Place Chocolate Chip Cookie Dough balls at least 2" apart. Bake for 5-7 minutes. *Dough contains raw eggs. Not suitable for raw consumption. Bake before eating.*

#### **Serving Instructions:**

Plate chicken and mashed potatoes. Spoon brown butter sauce over top. Serve with side vegetable and warmed focaccia. Enjoy a petite chocolate chip cookie for dessert. Meal serves four adults (or two adults and up to four small children)

## **Other Cooking Methods:**

**Oven-only (no dirty dishes!)** Chicken, Mashed Potatoes, Brown Butter Sage Cream Sauce and Broccolini (if ordered) can be reheated in a 350 degree oven in the foil containers they came in. Bake Chicken and Mashed potatoes uncovered. Cook Brown Butter Sauce and broccolini covered in foil. *Be sure to remove any plastic wrap*. Wrap focaccia in foil and bake with other meal components. Bake cookies on a baking sheet. Heating times will vary, so stir often and monitor temperatures.

## **Optional supplies:**

Cookie sheet, aluminum foil, non-stick spray